# CBRF Manager's Comprehensive Training Program *Now Available on DVD!*



The CBRF Manager's Comprehensive Training Program includes four (4) DVDs and the comprehensive CBRF Manual with forms, policies, practical tips, resources, regulatory references, and other valuable material designed to assist you in your role as a CBRF manager.

Produced By: Wisconsin Association of Homes and Services for the Aging

204 South Hamilton Street Madison WI 53703 (608) 255-7060 www.wahsa.org info@wahsa.org This educational and entertaining curriculum is designed to enhance the knowledge base of the Community Based Residential Facility (CBRF) manager. New and experienced managers alike will gain valuable insights and tips for successfully operating a Community Based Residential Facility that truly embraces the philosophy of assisted living.

The four DVD set will review the regulations of DHS 83, illustrated with practical, real life examples, to ensure that you gain value-added implementation strategies to strengthen operations and maintain success into the future. You will review successful strategies for ISPs. You will analyze the Nurse Practice Act as it relates to delegation and safe care delivery in the CBRF setting. You will identify the changing



expectations of the new generation of seniors and link these expectations to innovative opportunities to restructure how you provide cares and promote socialization.

This comprehensive training course brings together the best information, resources, policies, procedures, forms, and strategies shared by knowledgeable and successful CBRF managers from across the state. From tips on implementing culture change in assisted living to strategies for effective communication with the medical community, this course will assist in preparing you, the CBRF manager, to adapt to the future of this unique senior life setting.

Sponsored by:

# Reinhart Boerner Van Deuren Health Care Practice Group

Milwaukee Office 1000 North Water Street Suite 1700 Milwaukee WI 53202 414-298-1000 Madison Office 22 East Mifflin Street Suite 600 Madison WI 53703 608-229-2200

# **CBRF Manager's Comprehensive Training Program**

# This two DVD set includes thorough discussion of issues such as:

# Each participant who successfully completes the course post test will receive the official CBRF Manager's Certificate.

This CBRF training program does NOT meeting the DHS 83 training requirements for CBRF administrators. In planning this program, WAHSA targeted those who already had the required training or who already were licensed as a nursing home administrator. WAHSA's training program begins where the DHS 83 required training ends. That is, once you have met the requirements to be a CBRF administrator, this program will prepare and equip you for success on the job.

# Part 1 -- Review

- Introduction
- Review of regulations

# Part 2 -- Daily Practice and Operating Philosophy

Implementing regulations in daily practice/operating philosophy

# Part 3 -- Tenant and Family Expectations

- Identifying expectations of tenants and families
- Opportunities for exceeding tenant and family expectations

# Part 4 -- Clinical Essentials, Expectations, and Safety

- Nurse Practice Act
- Standards of practice and best practices
- RN delegation
- Clinical basis for policies and procedures
- Implementing clinically sound practices and policies to guide decision-making

### Part 5 -- The Value of Networking

- Interaction with peers
- Professional associations
- Benefits of WAHSA membership

# Part 6 -- Interaction with the Medical Community and the Public

- Communicating effectively
- Educational opportunities
- · Involving the ombudsperson

## Part 7-- Working with Hospice

- Specific policies/expectations
- Contracts
- Guidelines for medications and communication

### Part 8 -- Documentation

- · Review of regulations regarding documentation
- Examples and forms

# Part 9 -- Providing Cares with a Focus on Needs Identified in the Comprehensive Assessment

- Use of decision trees and risk assessment tools
- Review of comprehensive assessment forms, face sheet, etc.
- Development and implementation of ISPs
- Continue with development of tools
- Putting the tools into practice

Wisconsin Association of Homes and Services for the Aging

# **CBRF Manager's Comprehensive Training Program**

### Part 10—General Reminders/Information

# Part 11 -- Operations

- Department action
- Biennial reports
- Change of ownership
- Facility closing
- Investigation, notification and reporting requirements
- Licensee and administrator requirements/qualifications
- Employee hiring and employee records
- Orientation and training requirements
- Diversity training
- Leadership and management
- Emergency/pandemic planning
- Family Care information and referral
- Infection control
- Oxygen storage
- Food service
- Environmental concerns
- Housekeeping services
- Building and maintenance
- Fire safety requirements
- Survey process

## Part 12 -- Legal Considerations

- Release from responsibility for discharge
- Death in the facility
- Corpse tracking/census tracking
- HIPPA guidelines
- Protective placement
- Guardianship
- Wisconsin Caregivers program
- Chapter 51 process
- Annual reviews
- DPOA/Advanced directives
- Do Not Resuscitate
- Are you a CPR or non-CPR facility
- CBRF staff communication book
- Transfer to another care setting or acute care hospital
- "Final thoughts"

### **Purchase Price**

WAHSA members or subscribers: \$305

Non-WAHSA members: \$405

This price includes the complete CBRF Manager's Comprehensive Training Program on a four (4) DVD set.

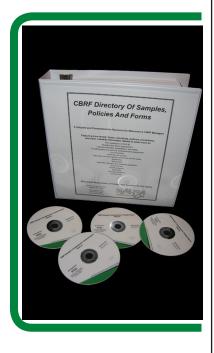
This price also includes a comprehensive CBRF Manual with forms, policies, practical tips, resources, regulatory references, and other valuable material designed to assist you in your role as a CBRF manager.

WAHSA members and subscribers also will receive a CD with the contents of the CBRF Manual in downloadable, ready-to-modify and use formats. (This CD is not available to non-WAHSA members/subscribers.

(Please note: The above price does not include shipping. Shipping and handling is an additional \$15 per DVD/ Manual set.)

# What You Will Learn (Expected Outcomes)

- 1. Define the philosophy of assisted living.
- 2. Analyze the regulations governing licensing categories and application requirements.
- 3. Discuss regulations related to the program statement, admission and retention guidelines, admission criteria, and termination of occupancy.
- 4. Outline the regulations of DHS 83 as related to medication administration.
- 5. List tips for implementing regulations in daily practice.
- 6. Identify opportunities for exceeding tenant and family expectations.
- 7. Evaluate the Nurse Practice Act and delegation of cares as they relate to DHS 83.
- 8. Demonstrate the value of using clinically-based policies to guide decision-making and care delivery.
- 9. Demonstrate the value of networking with other CBRF providers and professional organizations.
- 10. Develop a plan for communicating effectively with the medical community.
- 11. Discuss the requirements for, and benefits of, successfully working with hospice providers.
- 12. Outline documentation requirements.
- 13. List tips for providing cares based on diagnosis, conditions, and medications identified in the comprehensive assessment.
- 14. Analyze the comprehensive assessments, ISPs, and evaluations developed by the WAHSA CBRF Quality Improvement Network.
- 15. Outline regulations concerning investigation and notification and reporting requirements.
- 16. Outline requirements for employee hiring and maintaining employee records.
- 17. Evaluate orientation and training requirements.
- 18. Analyze the components and value of strong leadership and management.
- 19. Identify Family Care resources.
- 20. Discuss environmental and safety regulations.
- 21. Outline the requirements of the survey process and how to achieve success in the survey.
- 22. Evaluate the legal aspects of regulatory compliance, including issues such as DPOA/advanced directives and Chapter 51 processes.



# **Faculty**

**Sherry Cira** -- Sherry Cira received her Bachelors of Social Work from UW-Eau Claire and her Masters in Medical Social Work from UW-Madison. She has four years of experience working in an acute care hospital setting as a Social Worker/Discharge Planner and 18 years of experience working at Marquardt Village in Watertown as a Nursing Home Social Worker, Independent Senior Housing Assistant Administrator and Service Coordinator, and, currently, as the Administrator of a 48-bed CBRF, Zinzendorf Hall. Sherry is a member of WAHSA's CBRF Quality Improvement Network.

**Robert Heath --** Robert J. Heath is a Shareholder in and is the Chair of Reinhart Boerner Van Deuren's Health Care Department. Rob's practice stresses general regulatory, corporate, and transactional representation of health care providers, with a special emphasis on legal issues as they affect long-term care facilities, including nursing homes, assisted living facilities, and senior housing providers. Rob is significantly involved in the areas of health care acquisitions and mergers, joint ventures, managed care law, and health care-related administrative law matters.

**Michelle Lussmeyer** -- Michelle Lussmeyer currently serves as the Vice President of Resident and Community Care at Inspiration Ministries in Walworth. She has a Bachelor's of Social Work and a Master of Science degree in Management. Over the past ten years, she has worked in direct care and has served as a case coordinator, social service director, director of nursing, and vice president of resident and community care. Michelle is a member of WAHSA's CBRF Quality Improvement Network.

**A. John Richter --** John Richter is an Associate in Reinhart Boerner Van Deuren's Health Care Department. John's practice is focused on providing counsel to health care entities on corporate and regulatory matters.

Amy Ruedinger -- Amy Ruedinger, RN, has more than 20 years experience in caring for the elderly, starting as a nursing assistant in long term care. Amy has had the opportunity to work in the long term care setting as a floor nurse, agency nurse, care coordinator, and MDS Coordinator. More recently, Amy has had the pleasure of working in various RCACs with differing operating philosophies. While serving in the capacity of RN for these facilities, Amy supervised a staff of caregivers, completed tenant assessments, developed and implemented policies for care delivery and emergency situations, and provided ongoing education for the staff in areas such as the philosophy of assisted living, delegation and care delivery, and medication administration. Amy started her own health care consulting business in 2005 and currently provides audits, training, and education for assisted living facilities, helping to ensure regulatory compliance, safety in care delivery, and systems efficiency. Amy has developed an RCAC Guide for Managers, which contains example policies and forms that facilities can adapt to meet their needs. Amy serves on the WAHSA RCAC Quality Improvement Network and Task Force and the WAHSA CBRF Quality Improvement Network and Task Force. Amy has presented seminars and provided training and education to groups of all sizes throughout the state and across the nation.

**Dyonne Wilhelm --** Dyonne Wilhelm is the Administrator of Assisted Living at the Lutheran Home and Harwood Place in Wauwatosa. She is responsible for the administrative oversight of a 40-unit CBRF for memory care and a 32-unit CBRF for frail elderly. She also oversees the RCAC program in the independent living community. Dyonne has almost 20 years of experience in long term care services with not-for-profit organizations. She holds a Bachelor's Degree in Nursing and is a Registered Nurse. Dyonne is a member of WAHSA's CBRF Quality Improvement Network.

This is the most comprehensive CBRF training program ever offered in this state.

WAHSA commends and applauds the many CBRF professionals who came together in a cooperative spirit and dedicated their time, effort, and expertise to make this program possible. The presenters, along with the members of WAHSA's CBRF Quality Improvement Task Force. have pooled not only their knowledge, but also their wealth of policies, procedures, and forms, to make this program possible.

We invite you to learn from the vast experience of these knowledgeable experts!

# Wisconsin Association of Homes and Services for the Aging

# For Additional Information

- If you have any questions,
- If you would like additional information related to any aspect of this training program,
- If you are a notfor-profit long term care or assisted living organization and are interested in membership information, or
- If you are a proprietary long term care or assisted living organization and are interested in subscription information,

Please contact:
WAHSA
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Madison WI 53703
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www.wahsa.org
info@wahsa.org



The Wisconsin Association of Homes and Services for the Aging (WAHSA) is a statewide not-for-profit membership corporation. WAHSA enhances members' dedication to excellence in providing programs and services to assist members in meeting the needs of seniors and persons with a disability. WAHSA demonstrates a caring commitment to the highest quality of life and greatest independence for each individual served.

WAHSA believes in taking a leadership role in representing and promoting the interests of its members through activities of advocacy, education, professional development, research, and services. WAHSA also believes in enhancing the members' ability to meet the social, health, environmental, and quality of living needs of the individuals and communities they serve.

The Association serves and represents its members to better enable them to enhance the quality of life for residents and others served by member programs. WAHSA does this by:

- Providing professional development.
- Interpreting social, economic, and political trends.
- Influencing public policy formation.
- Sharing information.
- Providing a broad array of services.

The association is dedicated to the development of a continuum of care that meets the physical, spiritual, emotional, and social needs of aging persons and persons with disabilities while providing the individual with options and a means of achieving maximum independence. WAHSA encourages its members to achieve high professional standards and provide innovative approaches to the delivery of quality services that are both effective and efficient and which result in the enhancement and enrichment of the lives of those served.

Currently, WAHSA represents a total of 188 not-for-profit corporate members which own, operate, and/or sponsor 195 nursing homes, 14 facilities for the developmentally disabled, 87 residential care apartment complexes, 95 community based residential facilities, 114 independent living facilities, and more than 300 community service agencies which provide programs such as Alzheimer's support, adult day care, child day care, home health, hospice, home care, and meals on wheels. All totaled, WAHSA serves 505 not-for-profit long term care, assisted living, senior housing, and other community-based providers principally serving elderly persons and individuals with a disability. WAHSA members employ over 38,000 people who provide compassionate care and service to over 48,000 individuals each day.

# **Order Form**

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E. Total Amount Enclosed (C + D)

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of the CBRF Manager's Comprehensive Training Program and the forms, policies, practical tips, resources, regulatory references, ed to assist me in my role as a CBRF manager.
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# Please make all checks payable to WAHSA.

Complete and return this form to:
Wisconsin Association of Homes and Services for the Aging
204 South Hamilton Street, Madison, WI 53703

Phone: (608) 255-7060 Fax: (608) 255-7064 Email: info@wahsa.org